

## SERVICE UPDATE - AUGUST 6, 2021

In the past several days, cases of COVID-19 in our county and throughout the state have dramatically increased. According to the Washington State Department of Health, hospital occupancy is at the highest level since the start of 2021. While these hospitalizations (and severe illness in general) continue to primarily affect unvaccinated individuals, we are seeing the Delta variant break through and infect vaccinated individuals.

### **What We Know**

Source: [CDC.gov](https://www.cdc.gov)

- Vaccinated people can get breakthrough infections of the Delta variant and may be contagious to others.
- People with weakened immune systems, including people who take immunosuppressive medications, may not be protected even if fully vaccinated.
- In areas of substantial or high transmission, everyone should wear a mask in public indoor settings to help prevent the spread of the Delta variant and protect others.
- COVID-19 vaccines prevent severe illness, hospitalization, and death (even with the Delta variant); they also help reduce the spread of the virus in communities.
- Vaccinated individuals represent a very small amount of total transmission.

Based on what we've seen with cases on our campus and the aforementioned CDC information regarding vaccines and the Delta variant, we feel compelled to increase safety on campus. The following changes are effective immediately (unless otherwise noted).

### **MASKS REQUIRED FOR ALL INDIVIDUALS INDOORS**

Effective immediately, masks are now required for all individuals (regardless of vaccination status) using shared indoor spaces. This includes activity rooms, fitness centers, lobbies, elevators, hallways, etc.

Because of this mask requirement, food and drink are not permitted in shared indoor spaces. All previously scheduled events that involve food should be modified to comply with this change. The Lifestyle Enrichment Department has cancelled all scheduled restaurant outings, until further notice.

### **SCREENING CONTINUES TO BE AVAILABLE**

We have a self-serve screening kiosk located near the reception desk in Panorama Hall for those who choose to have their visitors/ caregivers screened. The kiosk is available between the hours of 8:00am and 5:00pm, Monday - Friday.

If it is important to you that your caregiver screen prior to arriving at your home, you should communicate your wishes directly with your care agency.

## **FITNESS CLASSES MOVED OUTDOORS**

Beginning Tuesday, August 10th, all indoor fitness classes will be relocated outdoors to allow for the removal of masks. The new location will be announced on the AFC Fitness Room door and on Kya before the end of the day on Monday, August 9th.

## **RESERVATIONS REQUIRED FOR FITNESS ROOMS**

To accommodate fitness opportunities without mask-wearing, all fitness rooms are available by reservation only. Reservations are up to 45 minutes long and limited to one household at a time with a maximum of three reservations per individual each week. There will be a 30 minute break between each appointment. Fitness rooms include:

- AFC Exercise Room
- AFC Fitness Room
- Quinault Exercise Studio
- Chalet Exercise Studio

Call x6005 or email [afc@panorama.org](mailto:afc@panorama.org) with your name, phone number, and preferred reservation details (date, location, time).

## **COFFEE MACHINES TEMPORARILY UNAVAILABLE**

With the high level of transmission in our area, we are following [CDC guidance](#) to avoid self-serve food and drink stations. This means the self-serve coffee machines normally available throughout campus will be temporarily shut down.