Group Fitness Session Zoom Links

Chair Yoga – Meeting ID: 849 4756 3491/Passcode: 607275

https://us02web.zoom.us/j/84947563491?pwd=Yjlra2NoS25HVXJub3k5Z1BVdmpQZz09

QiGong - Meeting ID: 858 9394 0116/Passcode: 405294

https://us02web.zoom.us/j/85893940116?pwd=YXVsTzJ3azVqcEFISjg5TzJ6K2RUdz09

Yoga 1 – Meeting ID: 872 8250 9206/Passcode: 771704

https://us02web.zoom.us/j/87282509206?pwd=LzQ4djQyaHQwR0dBT2ZXckhscEowQT09

Yoga 2 – Meeting ID: 843 1543 0277/Passcode: 342606

https://us02web.zoom.us/j/83652566831?pwd=NFNwNkRGTFRDOG44WDNZb2tYQWp2UT09

Stretch and Strength – Meeting ID: 823 0969 6853/Passcode: 701730

https://us02web.zoom.us/j/82309696853?pwd=QldPSVpYOW5NdzlVMjVoUnhSRytQZz09

Chair Pilates – Meeting ID: 818 7874 2215/Passcode: 851327

https://us02web.zoom.us/j/81878742215?pwd=Q25IbGp1VEhvckZGdk1jNU01emFhZz09

Mat Pilates - Meeting ID: 810 6680 4248/Passcode: 710742

https://us02web.zoom.us/j/81066804248?pwd=bS9OUmpwSm96RzlkelU5eUtrK0RDdz09

TJQMBB – Meeting ID: 893 0219 7164/Passcode: 934156

https://us02web.zoom.us/j/89302197164?pwd=UVFEU3pxeVVhOXYwVlNUK0tpbzBUZz09

PD Move It! - Meeting ID: 826 8945 7911/Passcode: 024323

https://us02web.zoom.us/j/82689457911?pwd=MkRFdm9qcklHV2Y1ZWRTaCtoMEtaZz09

Functional Fitness – Meeting ID: 811 7153 5361/Passcode: 908663

https://us02web.zoom.us/j/81171535361?pwd=d1Q1bTRvS2F1bnlDenA4WXJ6dUppdz09

Boot Camp – Meeting ID: 862 3752 1640/Passcode: 841683

https://us02web.zoom.us/j/86237521640?pwd=K0pibkpyZU9qOGJEUWlRUGU0a1lYdz09

Weight Training – Meeting ID: 831 8083 7587/Passcode: 356966

https://us02web.zoom.us/j/83180837587?pwd=OHl0MFNoRmpRRmdFWGVXNUhmN2U3Zz09