



Need to Know COVID Information

Exposures and Positive Test Results

Panorama follows the CDC recommendations for exposure and positive test results. Please refer to the [CDC guidelines](#). If you receive a positive COVID test result, contact your provider as medication may be available to you.

At Home Tests

Free COVID self-test kits are available to residents of Washington. It is recommended you keep a supply on hand and use them if you are experiencing any symptoms. Visit [Say Yes! Covid Test](#) to request your free tests. As of January 2023, tests are also available through the federal government. You can request free tests through [COVID.gov](#). You may also call 1-800-232-0233 (TTY 1-888-720-7489) for help with placing an order.

Testing

Testing is available at many local provider locations as well as some local pharmacies. Local testing locations can be found [here](#). Fees may apply.

Vaccines (including boosters)

COVID vaccines, as well as boosters, are readily available. To find a vaccine location, visit [Vaccinate WA](#).

Questions

Contact Marla LeFevre, RN, at marla.lefevre@panorama.org or x7564 with questions. Assistance may also be available from the Urgent Response Aide at x6000.